

# Novel Coronavirus (nCoV) and COVID-19: Health and Travel Advisory

Dear Campus Community:

North Carolina A&T State University and its Student Health Center are carefully monitoring updates from the [Centers for Disease Control and Prevention](#) (CDC) regarding the respiratory illness known as COVID-19, caused by the novel coronavirus (nCoV). As of Feb. 27, nearly 60 cases have been [confirmed in the United States](#). None, however, have been diagnosed at North Carolina A&T, any UNC System campus or in North Carolina.

North Carolina A&T is a global university with students, faculty, researchers and staff from around the world. [Over 45 countries worldwide](#) have confirmed cases of COVID-19. ***No matter where you may be traveling during spring break, domestically or abroad***, students, faculty and staff should exercise caution and take all necessary preventative measures to avoid infection. Those are listed on the new [A&T coronavirus website](#), which we encourage you to bookmark for further reference.

Currently, the CDC recommends that all nonessential travel be avoided to China and South Korea, which are under the [CDC's Warning Level 3 travel advisory](#). Please be advised that Italy, Iran and Japan are under the Alert Level 2 advisory, meaning those areas are experiencing sustained community spread of COVID-19, and that older adults and those with chronic medical conditions should consider postponing nonessential travel to or from those countries.

If you or an acquaintance have been to China, South Korea, Japan, Italy or Iran recently and have symptoms of fever, cough, or shortness of breath, please call the Student Health Center at 336-334-7880 or your primary care physician. Further information and updates regarding the virus can be found at [www.ncat.edu/coronavirus](http://www.ncat.edu/coronavirus).

**Symptoms:** Confirmed nCoV cases commonly present with cough, fever and shortness of breath. The nCoV strain may initially present as a moderate "cold," then rapidly progress to pneumonia and respiratory distress. Symptoms may begin anywhere from 2-14 days after exposure.

As updates arrive from the [Centers for Disease Control](#), we will take necessary precautions to ensure that our campus remains healthy. We ask that everyone do their part to keep themselves and others healthy during this challenging episode.